

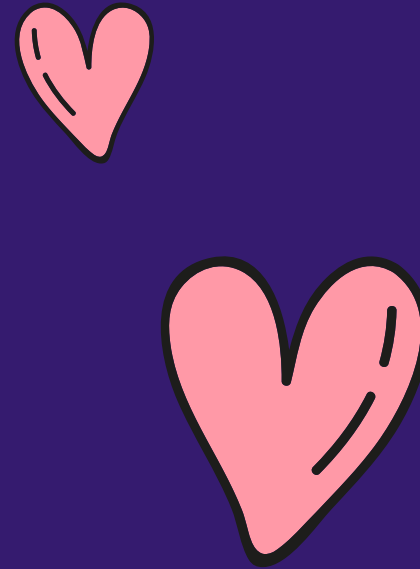
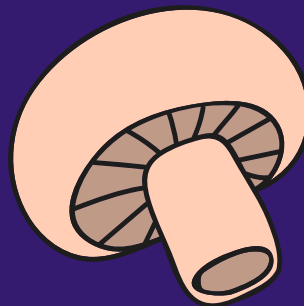


LANDAU
School

Favorite food



Note: For the side dish, only one of the two options
can be selected

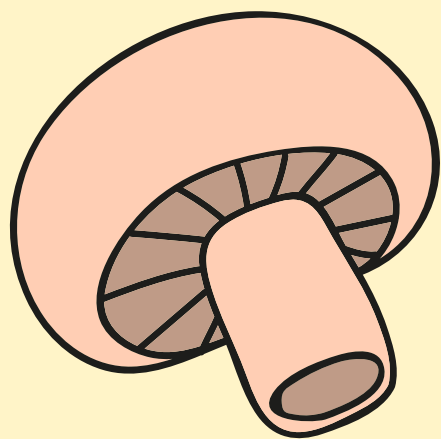


First week



Menu

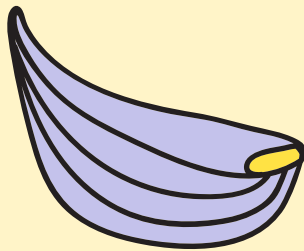
SOUP – 200 G
MAIN COURSE – 100 G
SIDE DISH – OPTION 1 – 150 G
SIDE DISH – OPTION 2 – 150 G
SALAD – 100 G
DRINK – 200 G
BREAD – 50 G



Thursday

RICE AND MEATBALL SOUP
CHICKEN CUTLET
FRENCH FRIES
VERMICELLI
CAESAR SALAD
COMPOTE
BREAD

Monday



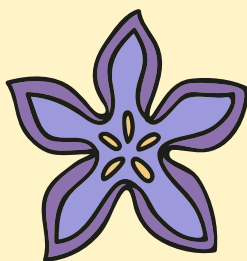
TOMATO SOUP
CHICKEN LEG WITH BBQ SAUCE
RICE
RUSTIC-STYLE POTATO WEDGES
OLIVIER SALAD WITH
MAYONNAISE
COMPOTE
BREAD

Friday

DOVGA (YOGURT AND
HERB SOUP)
BREADED CHICKEN WINGS
NOODLES
MASHED POTATOES
MIMOSA SALAD
COMPOTE
BREAD

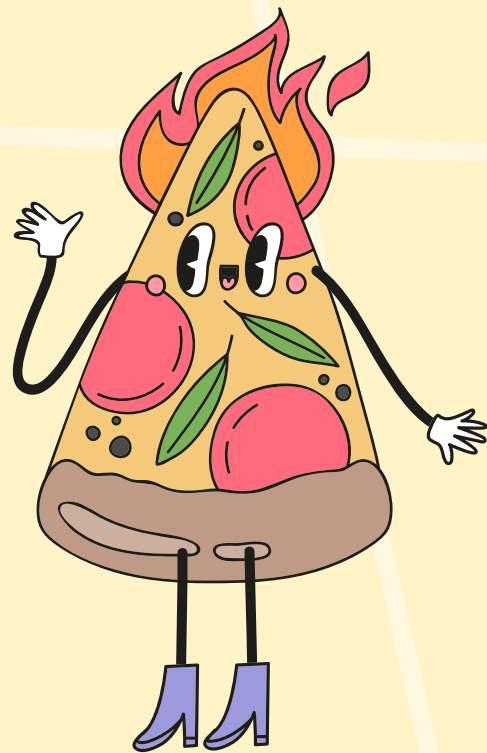
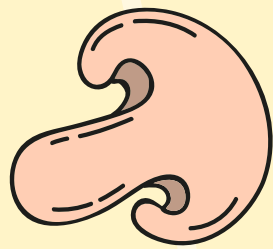
Tuesday

EZO THE BRIDE SOUP
GROUND BEEF WITH
BOLOGNESE SAUCE
SPAGHETTI
BULGUR PILAF
BEETROOT SALAD
COMPOTE
BREAD



Wednesday

RICE AND MEATBALL SOUP
CHICKEN CUTLET
FRENCH FRIES
VERMICELLI
CAESAR SALAD
COMPOTE
BREAD



Second week

Menu

SOUP – 200 G
MAIN COURSE – 100 G
SIDE DISH – OPTION 1 – 150 G
SIDE DISH – OPTION 2 – 150 G
SALAD – 100 G
DRINK – 200 G
BREAD – 50 G

Thursday

VEGETABLE SOUP
MEAT CUTLET (BURGER-STYLE)
RICE
MASHED POTATOES
COBAN SALAD
COMPOTE
BREAD



Monday

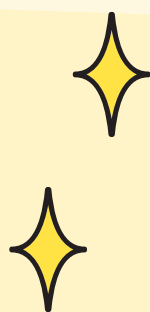
LENTIL SOUP
CHICKEN FILLET SCHNITZEL
PASTA
FRENCH FRIES
CORN SALAD
COMPOTE
BREAD

Friday

YAYLA SOUP
CHICKEN NUGGETS
BUCKWHEAT
HOMEMADE-STYLE
POTATOES
CAESAR SALAD
COMPOTE
BREAD

Tuesday

CHICKEN AND CHEESE SOUP
MEAT BOLOGNESE
RICE
VERMICELLI
GREEK SALAD
COMPOTE
BREAD



Wednesday

DUSHBARA (DUMPLING SOUP)
CHICKEN LEG IN BATTER
RUSTIC-STYLE POTATO WEDGES
SPAGHETTI
OLIVIER SALAD WITH
MAYONNAISE
COMPOTE
BREAD



Third week



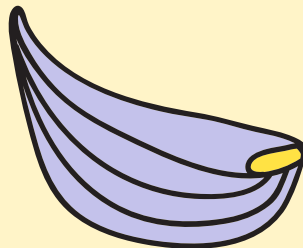
Menu

- SOUP – 200 G
- MAIN COURSE – 100 G
- SIDE DISH – OPTION 1 – 150 G
- SIDE DISH – OPTION 2 – 150 G
- SALAD – 100 G
- DRINK – 200 G
- BREAD – 50 G

Thursday

- DOVGA (YOGURT AND HERB SOUP)
- LAHMACUN
- VEGETABLE SAUTÉ
- CREAMY PASTA
- RED CABBAGE SALAD
- COMPOTE
- BREAD

Monday



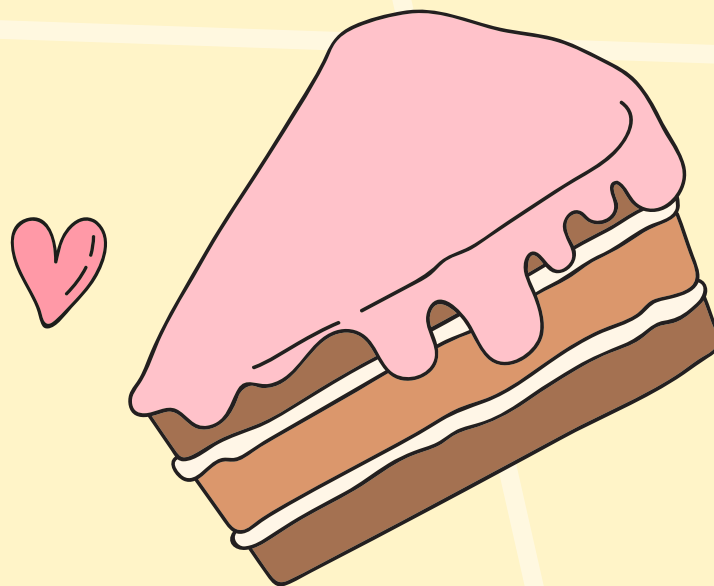
- COUNTRY-STYLE GRAIN SOUP
- SHAWARMA
- FRENCH FRIES
- RICE
- SEASONAL SALAD
- COMPOTE
- BREAD

Friday

- LENTIL SOUP
- CHICKEN BURGER PATTY
- RICE
- OVEN-BAKED POTATO WEDGES
- CHICKEN SALAD WITH MAYONNAISE
- COMPOTE
- BREAD

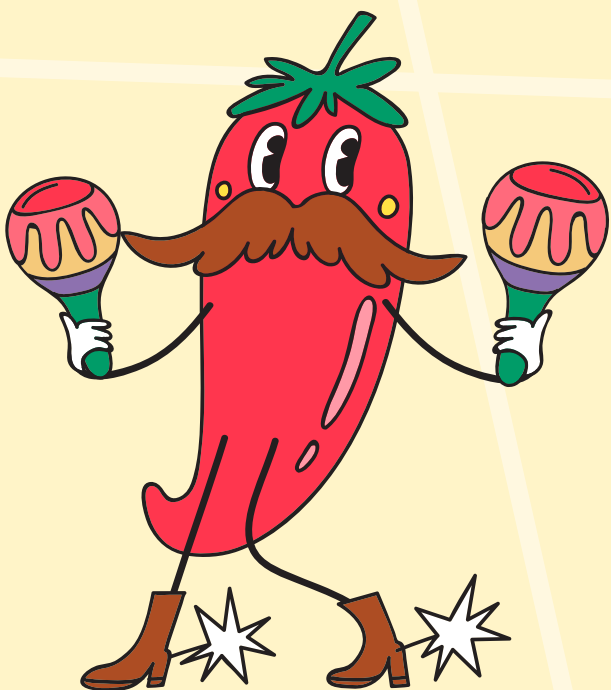
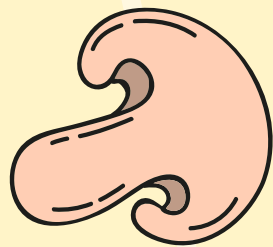
Tuesday

- GREEN LENTIL SOUP
- LULA KEBAB
- VERMICELLI
- OVEN-BAKED POTATO WEDGES
- LETTUCE SALAD
- COMPOTE
- BREAD



Wednesday

- CHICKEN SOUP
- ARIZONA CHICKEN (WITH SWEET CHILI SAUCE)
- PASTA
- CORN RICE
- SHEPHERD’S SALAD
- COMPOTE
- BREAD



Fourth week

Menu

- SOUP – 200 G
- MAIN COURSE – 100 G
- SIDE DISH – OPTION 1 – 150 G
- SIDE DISH – OPTION 2 – 150 G
- SALAD – 100 G
- DRINK – 200 G
- BREAD – 50 G

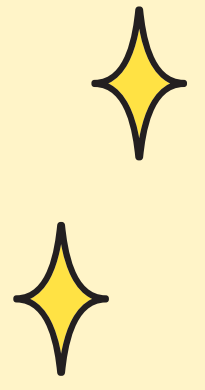


Thursday

- CREAMY VEGETABLE SOUP
- POLPETTE MEATBALLS
- ROASTED VEGETABLES
- OVEN-BAKED POTATO WEDGES
- BEETROOT SALAD
- COMPOTE
- BREAD

Monday

- EZOGE LIN SOUP
- CRISPY CHICKEN FILLET
- RICE (WITH CORN AND GREEN PEAS)
- OVEN-BAKED POTATO WEDGES
- CHICKEN PIZZA
- COMPOTE
- BREAD



Friday

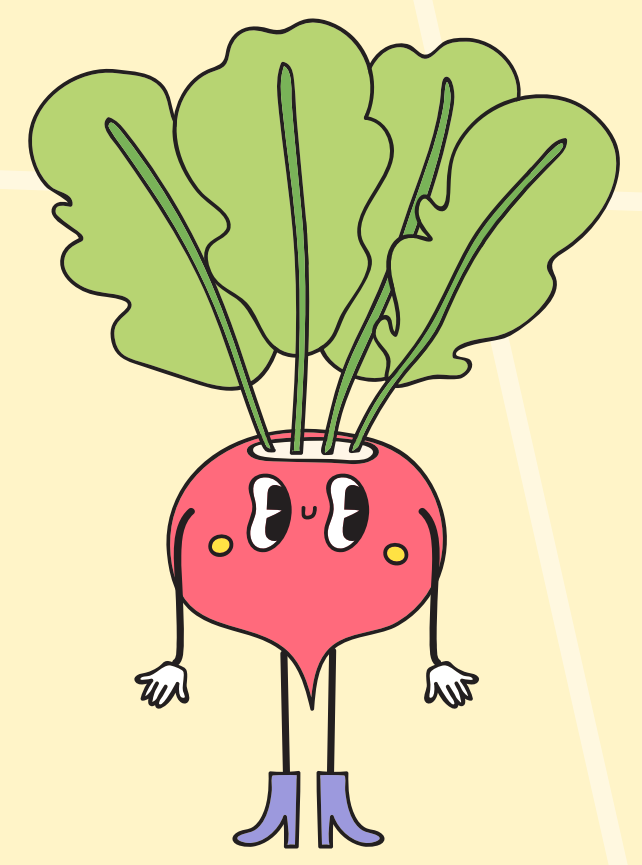
- TOMATO SOUP
- FRIED CHICKEN THIGH
- MASHED POTATOES
- VERMICELLI
- GREEK SALAD
- COMPOTE
- BREAD

Tuesday

- YAYLA SOUP
- MEAT RATATOUILLE
- RICE
- BUCKWHEAT
- MIMOSA SALAD
- COMPOTE
- BREAD

Wednesday

- NOODLE SOUP
- CREAMY CHICKEN
- PASTA
- BULGUR
- CAESAR SALAD
- COMPOTE
- BREAD





LANDAU
School

Healthy food



Note: For the side dish, only one of the two options can be selected



First week

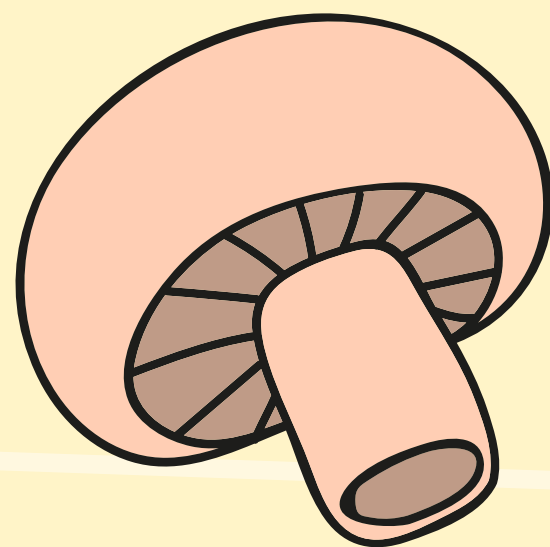


Menu

SOUP – 200 G
MAIN COURSE – 100 G
SIDE DISH – OPTION 1 – 150 G
SIDE DISH – OPTION 2 – 150 G
SALAD – 100 G
DRINK – 200 G
BREAD – 50 G

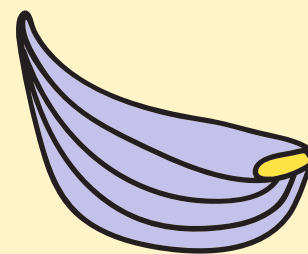
Thursday

NOODLE SOUP
BEEF SAUTÉ
BUCKWHEAT
BULGUR VERMICELLI
GREEK SALAD
AYRAN
BREAD



Monday

CHICKEN SOUP
BAKED CHICKEN FILLET
MASHED POTATOES
BUCKWHEAT
COBAN SALAD
COMPOTE
BREAD

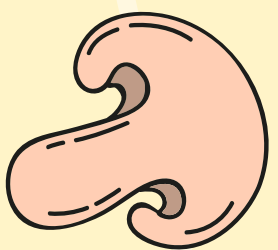


Tuesday

LENTIL SOUP
BEEF CUTLET (BAKED
IN THE OVEN)
BULGUR
BAKED POTATOES
CABBAGE SALAD
AYRAN
BREAD

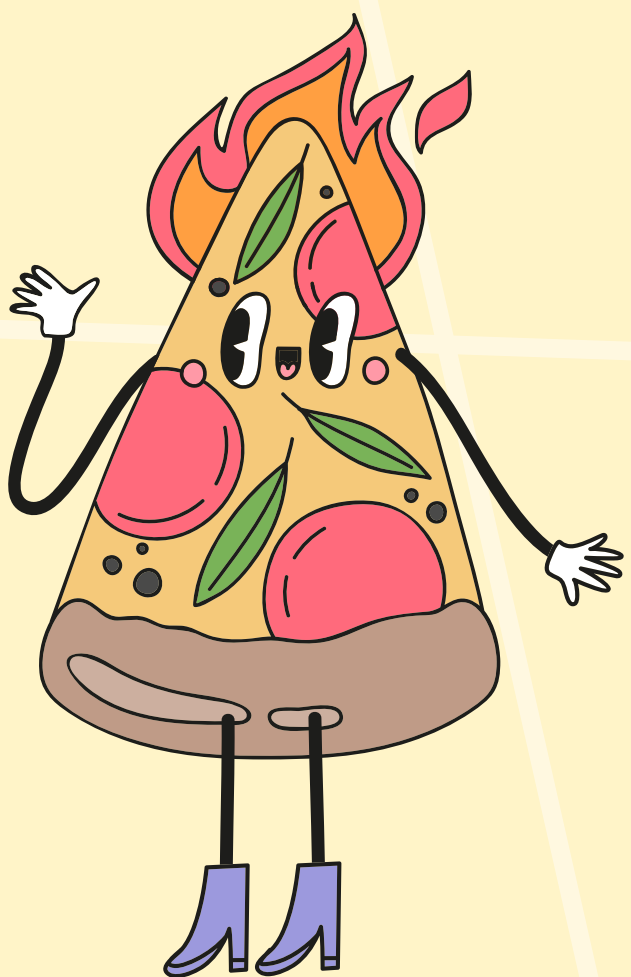
Wednesday

VEGETABLE SOUP
CHICKEN LEG (BAKED
IN THE OVEN)
RICE
VEGETABLE RATATOUILLE
GREEN SALAD WITH CARROTS
COMPOTE
BREAD



Friday

DOVGA
CHICKEN MEATBALLS
(BAKED IN THE OVEN)
RICE
BAKED POTATOES WITH EGG
BEETROOT SALAD (WITHOUT
WALNUTS)
COMPOTE
BREAD



Second week

Menu



SOUP – 200 G
MAIN COURSE – 100 G
SIDE DISH – OPTION 1 – 150 G
SIDE DISH – OPTION 2 – 150 G
SALAD – 100 G
DRINK – 200 G
BREAD – 50 G

Thursday

CHICKEN AND RICE SOUP
BEEF LYULYA KEBAB (BAKED
IN THE OVEN)
ORZO (PEARL PASTA)
BUCKWHEAT
CHICKEN AND BELL PEPPER
SALAD WITH OIL
AYRAN
BREAD

Monday

BROCCOLI AND ZUCCHINI SOUP
CHICKEN SAUTÉ (WITH BELL
PEPPERS AND BROCCOLI)
BAKED POTATO WEDGES
BULGUR
CAESAR SALAD
COMPOTE
BREAD

Friday

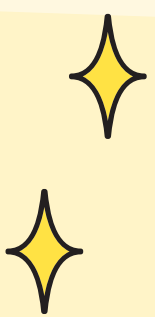
PUMPKIN CREAM SOUP
CHICKEN SAUTÉ
BAKED POTATOES
BULGUR
CORN SALAD
COMPOTE
BREAD

Tuesday

MINISTRONE SOUP
BEEF FAJITAS
BUCKWHEAT
MASHED POTATOES
VITAMIN SALAD
AYRAN
BREAD

Wednesday

YAYLA SOUP
CHICKEN FILLET LANGET (BAKED
IN THE OVEN)
RICE
VEGETABLE STEW
CARROT SALAD WITH APPLE
COMPOTE
BREAD



Third week



Menu

SOUP – 200 G

MAIN COURSE – 100 G

SIDE DISH – OPTION 1 – 150 G

SIDE DISH – OPTION 2 – 150 G

SALAD – 100 G

DRINK – 200 G

BREAD – 50 G

Thursday

CHICKEN SOUP

BEEF GOULASH

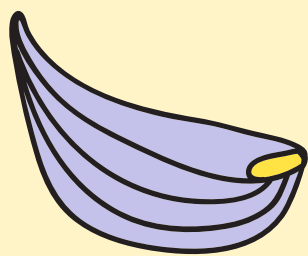
RICE

ORZO PASTA

RED CABBAGE SALAD

AYRAN

BREAD



Monday

VEGETABLE SOUP

CHICKEN FILLET WITH

VEGETABLES

RICE WITH CHICKPEAS

BULGUR

ROOT VEGETABLE SALAD

WITH CORN

COMPOTE

BREAD

Friday

COUNTRY-STYLE GRAIN SOUP

CHICKEN ROLL

HOME-STYLE POTATOES

BULGUR (WITH GREEN

CHICKPEAS)

RED BEAN SALAD

COMPOTE

BREAD

Tuesday

PUMPKIN AND ROOT

VEGETABLE SOUP

PAN-FRIED CUTLET

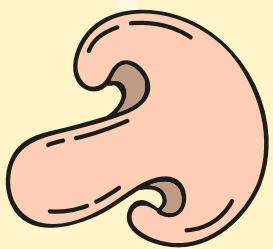
MASHED POTATOES

BUCKWHEAT

VINAIGRETTE SALAD

AYRAN

BREAD



Wednesday

VEGETABLE VERMICELLI

SOUP

OVEN-BAKED CHICKEN THIGH

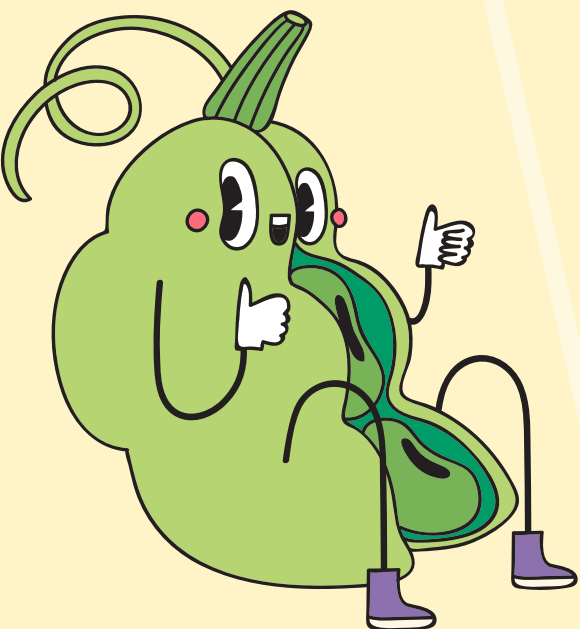
VEGETABLE SAUTÉ

MASHED POTATOES WITH MINT

GREEK SALAD

COMPOTE

BREAD



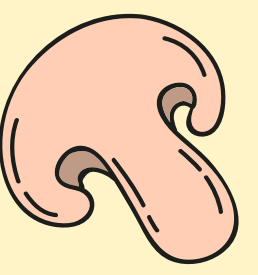
Fourth week

Menu

- SOUP – 200 G
- MAIN COURSE – 100 G
- SIDE DISH – OPTION 1 – 150 G
- SIDE DISH – OPTION 2 – 150 G
- SALAD – 100 G
- DRINK – 200 G
- BREAD – 50 G

Thursday

- TOMATO SOUP
- MEATBALLS IN SAUCE
- RICE
- VEGETABLE NOODLES
- SHEPHERD’S SALAD
- AYRAN
- BREAD



Monday

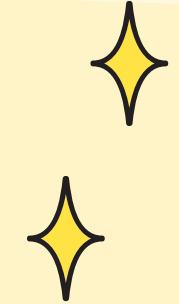
- BEETROOT SOUP
- CHICKEN SAUTÉ WITH CUMIN
- BUCKWHEAT
- BULGUR
- LETTUCE SALAD
- COMPOTE
- BREAD

Friday

- EZOGE LIN SOUP
- CHICKEN GOULASH
- BULGUR
- HOME-STYLE POTATOES
- ORZO PASTA SALAD
- COMPOTE
- BREAD

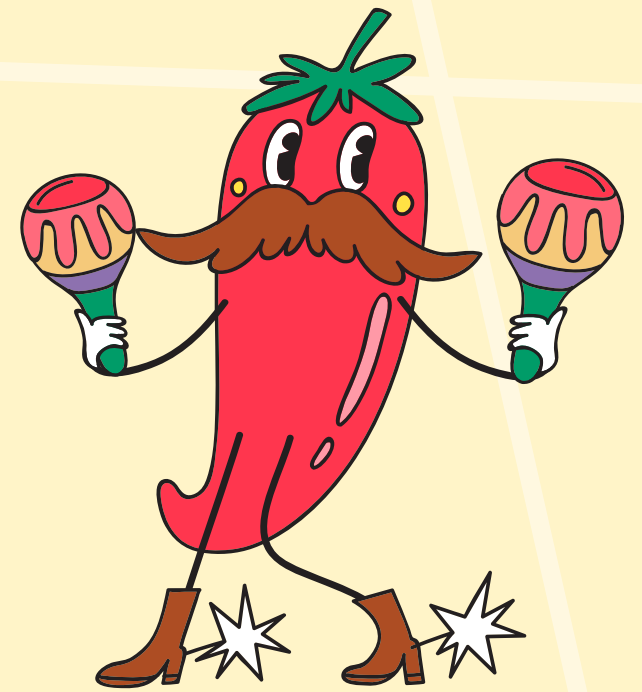
Tuesday

- GREEN LENTIL SOUP
- MEATBALLS WITH EGGPLANT
- PURÉE (BEĞENDI STYLE)
- RICE (WITH CORN AND PEAS)
- HOME-STYLE POTATOES
- CHICKEN SALAD WITH OIL DRESSING
- AYRAN
- BREAD



Wednesday

- CREAMY VEGETABLE SOUP
- CHICKEN SCHNITZEL
- BUCKWHEAT
- VEGETABLE SAUTÉ
- CHICKPEA SALAD WITH OIL
- DRESSING
- COMPOTE
- BREAD





LANDAU
School

School food



Note: For the side dish, only one of the two options can be selected

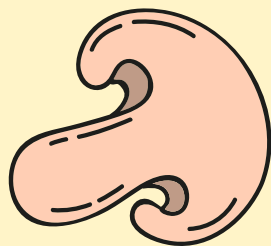


First week



Menu

SOUP – 200 G
MAIN COURSE – 100 G
SIDE DISH – OPTION 1 – 150 G
SIDE DISH – OPTION 2 – 150 G
SALAD – 100 G
DRINK – 200 G
BREAD – 50 G



Thursday

VERMICELLI SOUP
BEEF CUTLET
RICE
BUCKWHEAT
LETTUCE SALAD
COMPOTE
BREAD

Monday

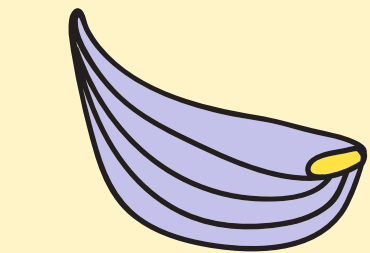
RED BEAN SOUP
CHICKEN WITH BBQ SAUCE
RICE
HOMEMADE-STYLE POTATOES
COBAN SALAD
COMPOTE
BREAD

Friday

CHICKEN AND CHEESE SOUP
CHICKEN FAJITAS
NOODLES
MASHED POTATOES
CABBAGE SALAD WITH RED BEANS
COMPOTE
BREAD

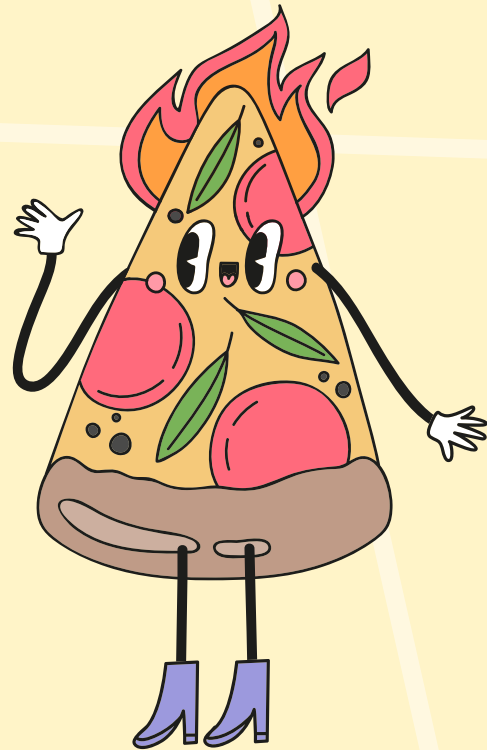
Tuesday

EZO THE BRIDE SOUP
BEEF SAUTÉ
SPAGHETTI
BULGUR PILAF
BEETROOT SALAD
COMPOTE
BREAD



Wednesday

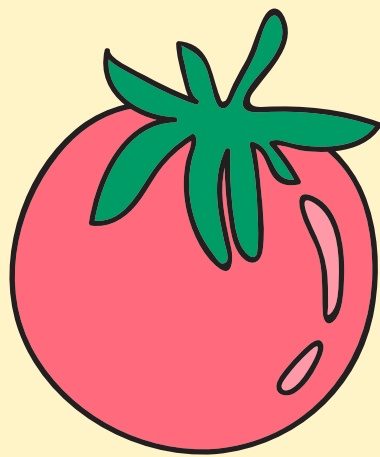
ZUCCHINI CREAM SOUP
CHICKEN CUTLET
FRENCH FRIES
VERMICELLI
OLIVIER SALAD WITH
SOUR CREAM
COMPOTE
BREAD



Second week

Menu

SOUP – 200 G
MAIN COURSE – 100 G
SIDE DISH – OPTION 1 – 150 G
SIDE DISH – OPTION 2 – 150 G
SALAD – 100 G
DRINK – 200 G
BREAD – 50 G



Thursday

BORSCHT
MOROCCAN-STYLE MEATBALLS
RICE
MASHED POTATOES
BOSTAN SALAD
COMPOTE
BREAD

Monday

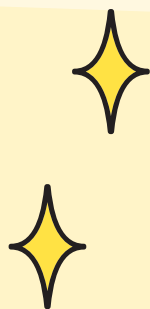
VEGETABLE SOUP
CHICKEN FILLET SCHNITZEL
CARROT PILAF
FRENCH FRIES
CORN SALAD
COMPOTE
BREAD

Friday

YAYLA SOUP (YOGURT-
BASED SOUP)
CHICKEN NUGGETS
BUCKWHEAT
HOMEMADE-STYLE POTATOES
CAESAR SALAD
COMPOTE
BREAD

Tuesday

RUSSIAN CHICKPEA SOUP
MEAT BOLOGNESE
BUCKWHEAT
VERMICELLI
GREEK SALAD
COMPOTE
BREAD



Wednesday

DUSHBARA
CHICKEN LEG IN BATTER
ORZO (PEARL PASTA)
SPAGHETTI
MIMOSA SALAD
COMPOTE
BREAD



Third week



Menu

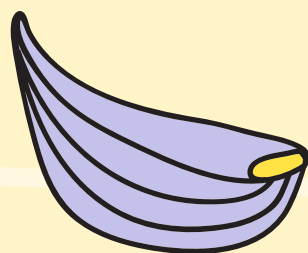
- SOUP – 200 G
- MAIN COURSE – 100 G
- SIDE DISH – OPTION 1 – 150 G
- SIDE DISH – OPTION 2 – 150 G
- SALAD – 100 G
- DRINK – 200 G
- BREAD – 50 G

Thursday

- VERMICELLI SOUP
- BEEF GOULASH
- MASHED POTATOES
- CORN RICE
- RED BEAN SALAD
- COMPOTE
- BREAD

Monday

- LENTIL SOUP
- CHEESE-STUFFED CHICKEN
- FILLET
- PASTA
- BUCKWHEAT
- CARROT AND CORN SALAD
- COMPOTE
- BREAD

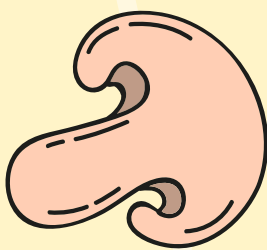


Tuesday

- CHICKEN SOUP
- MEATBALLS IN SAUCE
- MEYKHANA-STYLE BULGUR
- RICE
- VINAIGRETTE SALAD
- COMPOTE
- BREAD

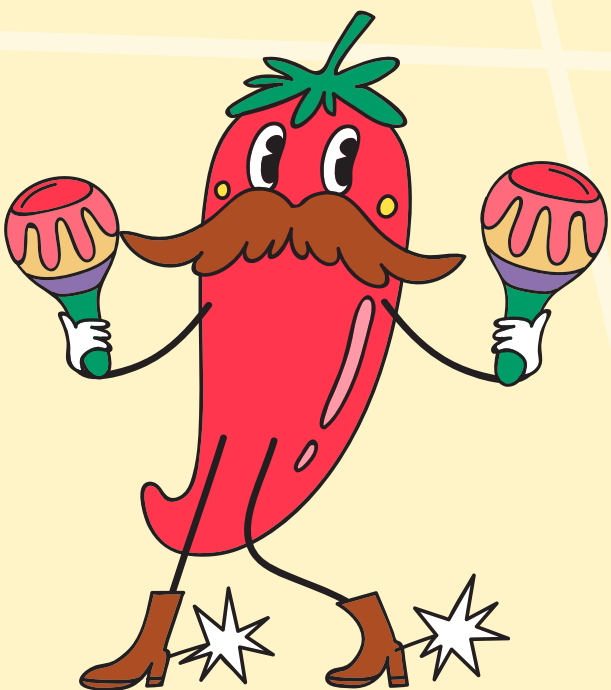
Wednesday

- MEATBALL SOUP
- OVEN-ROASTED CHICKEN
- RATATOUILLE
- OVEN-BAKED POTATO
- WEDGES
- SHEPHERD’S SALAD
- COMPOTE
- BREAD



Friday

- MUNG BEAN SOUP
- SPICED FRIED CHICKEN
- FRENCH FRIES
- VERMICELLI
- LETTUCE SALAD
- COMPOTE
- BREAD





Dear Parents, If you have made your selection, please click the link below and vote for your chosen menu within the next 14 days.

<https://survey.landauschool.com/otVHu7A>

Note: Based on the voting results, the menu receiving the highest number of votes will be implemented in the next academic year.